



DATE: March 2nd, 2026
 TO: All Sendero Health Plans Network Providers
 RE: Updated Preauthorization Policies Effective 05/1/2026

Dear Sendero Physicians and Providers,

Sendero is sensitive to balancing the administrative burdens of preauthorization with the managed care responsibility to promote clinically appropriate, cost-effective services for our members. To this end, we perform an ongoing review of the criteria of services requiring preauthorization. Our aim is to limit this list to services that have a significant benefit to pre-review from a member risk, clinical appropriateness, and/or cost perspective.

Below is a summary of the changes to the Sendero preauthorization list, **effective 05/1/2026**. **The full list of preauthorized healthcare service codes is found at <https://senderohealth.com/preauthorizationsearch/>.**

Healthcare Services that are **Removed** from the Preauthorization Requirement effective 05/1/2026

Behavioral Health			
H0047	90870	90871	S9445

Healthcare Services that are **Added** to the Preauthorization Requirement effective 05/1/2026

HCPCS codes that fall within the existing preauthorization categories										
Behavioral Health		Potentially Cosmetic	Certain Outpatient procedures							
0915	0944	14020	31295	31237	30520	31255	31254	30468	61782	30117
0916	0945		31298							

Additional Notes:

- The *Preauthorization List and Guidance* document pertains to health care services requiring both notification to Sendero and those requiring preauthorization. This document is also found at www.senderohealth.com/providers on the preauthorization tab.
- All covered services must be medically necessary, whether they require preauthorization. As such, they may be subject to periodic retrospective reviews for medical necessity.
- Sendero publishes an interactive healthcare service code lookup tool containing the specific healthcare service codes requiring preauthorization, as well as the criteria used to determine medical necessity or benefit coverage at <https://senderohealth.com/preauthorizationsearch/> and linked from the Preauthorizations tab at www.senderohealth.com.